

## Newsletter 9 - October 2016



### Ulverston Inshore Rescue's New 4x4

Earlier in 2016 we were pleased to announce a grant of £4000 to Ulverston Inshore Rescue, to support the purchase of a new 4x4 vehicle for their search and rescue operations. The new vehicle is now in operation, complete with its own unique GB sticker! You can keep up to date with the work of the Ulverston team via their Facebook page.

**For updates on GBCT's other recent grants, see page 2.**



New replaces old - Ulverston Inshore Rescue's new vehicle alongside its predecessor and, in close-up, its unique GB sticker.

### Community Outreach in Englefield Green

GBCT attended July's Englefield Green Village Fair to spread the word about the new Community Public Access Defibrillator (CPAD) being installed at the Cooper's Hill Recreation Ground. The Cooper's Hill CPAD is the third that GBCT has supported. Matthew Leopold, Nat Johnson, Zoe Lawrenson, Ian Cressey and Vivian Bairstow provided first aid demonstrations to members of the community, giving them the opportunity to familiarise with a CPAD, and used GBCT's new display banners and leaflets to raise awareness of GBCT activities.



The Trustees would like to thank Exxon Mobil for their grant that enabled the purchase of the banners and leaflets.

**For news of new grants and initiatives, see page 3.**

**Welcome** to GBCT's new look newsletter.

It's been an exciting summer for GBCT. We've been delighted to hear how some of our recent grant recipients have been progressing, the Trustees have agreed a further five grants and we continue to be amazed by our fantastic fundraisers and supporters. You can read all of this, and more, in this newsletter.



In future, our newsletters will be published every 2 to 3 months to coincide with our Trustee meetings, at which new grant applications are reviewed. In between times, don't forget to visit our Facebook and Twitter pages.

Thank you for your continued support and I hope you enjoy our new newsletter.

Maria, Chairman of Trustees

## Updates from Grant Recipients



We were delighted to hear that Isabel Negri has become the 50,000<sup>th</sup> recipient of the **John Muir Award in Wales**. In our March newsletter, we announced that GBCT had made a grant of £1500 to the John Muir Trust to support the expansion of the award in Wales. You can read the full article on the John Muir Trust's website [www.johnmuirtrust.org](http://www.johnmuirtrust.org).

The **third GBCT supported Community Public Access Defibrillator (CPAD) has been unveiled in George's home village of Englefield Green** on Sunday 25 September. The CPAD is located at the Cooper's Hill Recreation Grounds, which hosts the Cooper's Hill Tennis Club and Manorcrofts United Junior Football Club. The CPAD will not only benefit the members of those sports clubs and those visiting for matches in the various different competitions, the football club welcomes some 2000+ people over the weekend of its very popular tournament at the end of May, but is also available to serve the surrounding community. The football club also holds training events for the Surrey Football Association. Vivian and Maria Bairstow were delighted to join the Major of Runnymede in unveiling the new CPAD.

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GBCT recently provided a grant of £775 to **The Chatterbox Project** in Manchester, to enable



it to deliver a paediatric first aid course for twelve local young parents. The Project offers a range of community services and activities and approached GBCT for funding after a number of young parents asked them for help in gaining first aid training, which they couldn't afford to attend elsewhere. The Chatterbox team selected a course that met Ofsted standards for early years' care, with the aim of also supporting the young parents working towards a career in early years' care to take their first steps towards meeting that goal.

We're delighted to hear that GBCT's grant to **CRIMINON**, which provides distance learning opportunities to serving prisoners and ex-offenders, has enabled a further 56 young offenders at HMYOI Swinfen Hall in Staffordshire to begin a CRIMINON programme and 20 of the participants have already completed it. We look forward to sharing more updates from CRIMINON in our future newsletters.

## Empowering communities to make a difference

Emergency Aid

Skills

Volunteering

**Ahoy Shipmates!** GBCT are delighted to announce a grant of £7800 to the Ahoy Centre in south-east London. Ahoy is a watersports based charity, which aims to change people's lives and build life skills through sailing and rowing. Offering opportunities for disadvantaged and at-risk young people, GBCT's grant will support the training of six Ahoy Shipmates. Attaining Shipmate Gold and the Royal Yachting Association Assistant Instructor qualifications, the Shipmates then volunteer and support weekly activities for other members. At present about 50 young people participate in weekly activities, alongside over 40 training to be Shipmates.



**Flying High** is GBCT's reputation as a supporter of community emergency aid provision.



One grant has been made to the **Great Western Air Ambulance Charity** (GWAA) to support their new community initiative. Great Western Heart Start will provide training in the use of CPR and AEDs to schools and

colleges in the area. Delivered by GWAA's critical care team, with the support of volunteers, the programme is anticipated to reach 800 12-18 year old students in its first year. The Trustees have awarded a grant of £4600 to enable GWAA to buy the training equipment. For those who don't know, George was a big supporter of the British Heart Foundation's Heartstart course, helping to deliver the course to hundreds of Durham University students.

A second grant of £1600 has been made to the **East Anglian Air Ambulance Charity** (EAAA) to support their staff and volunteer first aid training programme. GBCT's grant will allow the EAAA to become an accredited training centre, providing a cost effective approach of training all of their 100+ strong team of staff and volunteers. One of EAAA's volunteers recently provided vital first aid whilst out in the community representing the charity, and the EAAA now aims to train all of its staff and volunteers in first aid.



The third grant to be made also supports emergency aid and volunteering. A grant of £450 has been made to the parish of **All Saints in Weston**, which runs a busy community site used by over a 1000 people per week. Having successfully applied for a defibrillator (AED) from the British Heart Foundation, GBCT's grant will support a member of staff attending a full First Aid at Work and AED training course, which will also enable them to run monthly CPR training sessions in the community.

Lastly, a grant of £860 has been made to the parish of **Willerby, in North Yorkshire**, towards the cost of a Community Public Access Defibrillator (CPAD). The Willerby CPAD will be the third GBCT supported CPAD in the Brompton-by-Sawdon area of North Yorkshire.

George Bairdstow Charitable Trust



## About the Trust

The GBCT was set up in March 2014 in memory of George Bairstow and exists so that the difference George made to people's lives can continue.

George was committed to charitable work and lived his life to help others. He died in November 2013 in a car accident, returning home from a volunteer duty with St John Ambulance on Bonfire Night.

The GBCT's goal is to empower communities to make a difference by providing grants in support of:

- The provision of emergency aid
- Volunteering among young people
- The enhancement of skills among young people



### You can make a difference.....

#### We are looking for volunteers to join our Fundraising and Outreach Committee

The Committee presents a great opportunity to get involved with the Trust on a flexible basis and support the Trustees in expanding GBCT's activities.

Highlights for the committee include organising the GBCT Cake Bake and creating GBCT's first Christmas cards.

Whatever skills and ideas you can bring they would be welcomed. We would love to hear from you via [info@gbct.org.uk](mailto:info@gbct.org.uk) and we'll send you more information.

#### Empowering communities to make a difference

Emergency Aid

Skills

Volunteering

## Keeping in contact with GBCT



Visit our website at [www.gbct.org.uk](http://www.gbct.org.uk) or email us at [info@gbct.org.uk](mailto:info@gbct.org.uk)



Find us on Facebook at [georgebairstowct](https://www.facebook.com/georgebairstowct) for all the latest news and pictures and, don't forget, we're on Twitter too at [gbct\\_uk](https://twitter.com/gbct_uk).